

# COMPREHENSIVE PAIN CENTER

## WHAT CAN WE TREAT?

- Abdominal Pain
- Arthritis
- Back Pain
- Carpal Tunnel Syndrome
- Fibromyalgia
- Headaches
- Joint Pains
- Neck Pain
- Pelvic Pain
- Phantom Limb Pain
- Post Herpetic Neuralgia
- Post Operative Pain
- Reflex Sympathetic Dystrophy/  
Complex Regional Pain Syndrome
- Sciatica
- Tendinitis
- Unknown Etiology

## HOW WE CAN HELP YOU

Whether you are facing surgery or recovering from surgery... whether your physician referred you, or whether you found us through your own research, we can support you in managing your pain. We use a three-stage approach:



## DIAGNOSIS

Before we can develop any effective treatment plan, we need to know the exact nature of your problem. So we use a variety of diagnostic tools such as X-rays, MRI's, CT scans, bone scans, nerve conduction studies, as well as a team of specialty consultants, to assist in diagnosing your problem.

## TREATMENT

Based on your diagnosis, we develop a unique and comprehensive treatment plan for you. Depending upon your needs, it may include physical, psychological, surgical and/or therapeutic components such as,

- Medication
- Rehabilitative Therapy
- Psychological Counseling
- Corrective Surgery, Nerve Blocks and Local Infiltration
- Acupuncture and other Alternative Modalities

Your treatment plan will be as unique as you are. Throughout the process, we will provide educational material to ensure you understand each phase of the strategy.

## LONG-TERM PAIN MANAGEMENT

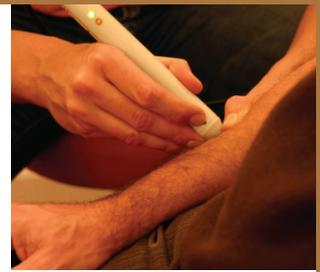
Some painful conditions are not easily overcome...and some can, unfortunately, remain with you for life. But this does not mean that they should control your life!

If you have a condition that will remain your faithful companion, we provide you with the ways to deal with it...whether through medication, alternative techniques, or other pain management strategies. And we will stay in touch with you, scheduling periodic visits to see how you're doing and whether your treatment plan needs to be adjusted in any way.

## Reclaim Your Life!

Don't spend another day in the cycle of physical and emotional pain...there are answers!

Call the Comprehensive Pain Center today at 410-997-PAIN (410-997-7246) and let us help you regain hope and rebuild your life!



HOW LONG HAS IT BEEN  
SINCE YOUR LAST PAIN-FREE DAY?

Perhaps you remember the day your life changed from "pain-free" to "in pain"...or perhaps the aches and twinges crept up on you so gradually that you didn't notice them at first. But gradually your pain rippled out to touch every area of your life...

- ...your lifestyle and mobility
- ...your relationships
- ...your work
- ...even your personality and moods

**If You're Feeling Isolated by Pain**  
**....You're Not Alone!**

When you are suffering pain every day, it is easy to withdraw from life...especially if your pain is due to a chronic condition, or is not responding to treatment.

It's easy to slide into a downward spiral: physical pain triggers emotional distress, which causes further physical pain. You begin, perhaps, to wonder if anyone really understands what you're going through...

FORTUNATELY, THERE IS AN ANSWER!

If you have had enough of suffering physical and emotional distress – if you are tired of letting pain control your days and nights – *it's time for you to come to the Comprehensive Pain Center!*

Imagine knowing what is physiologically causing your pain, and how to deal with it...

...knowing the full range of treatments to reduce or eliminate your physical and emotional symptoms...

...knowing that you have a team of trained professionals to help you manage your condition and relieve your pain.

WHETHER YOUR PAIN IS THE RESULT OF AN  
INJURY OR SURGERY...  
A CHRONIC CONDITION SUCH AS ARTHRITIS OR  
FIBROMYALGIA...  
OR OF MYSTERIOUS ORIGIN...

YOU DO NOT NEED TO SUFFER ALONE!

LET US HELP...

....DIAGNOSE THE CAUSE...

...REDUCE OR ELIMINATE YOUR PAIN THROUGH  
MAINSTREAM AND ALTERNATIVE TREAT-  
MENTS...

...AND PROVIDE LONG-TERM SOLUTIONS FOR  
ONGOING CONDITIONS.

THERE IS HOPE!

COMPREHENSIVE PAIN CENTER  
11055 LITTLE PATUXENT PARKWAY L7  
COLUMBIA, MARYLAND 21044  
410-997-PAIN (7246)  
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WHEN YOU'RE HURTING...

WE CAN HELP.

FOR COMPASSIONATE, SUPPORTIVE CARE IN A  
MULTIDISCIPLINARY, COORDINATED SETTING

COMPREHENSIVE PAIN CENTER

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